

## **CURICULAM VITAE**



Name : **Dr. Arvindran A/L Alaga**

Date Of Birth : 13 DECEMBER 1982

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Gender : Male

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### **ACADEMIC QUALIFICATIONS:**

**M.B.B.S** - Melaka – Manipal Medical College (2002 – 2007)

**MRCP UK (Oct 2014) – RCP 153297**

**CMIA(2015) – Certified Medical Impairment Assessor**

**GCP (2015) – Good Clinical Practice**

**FRCP (Edin) – 19.6.2020**

**Interventional Pulmonology Fellowship (Nagoya, Japan) – Feb- July 2020**

**Fellow in Respiratory Medicine – Malaysia – 31st Jan 2021**

### **SERVICES UNDER MINISTRY OF HEALTH, MALAYSIA:**

**House Officer : Hospital Tuanku Fauziah, Perlis ( 2008 - 2010 )**

**Medical Officer: Hospital Tuanku Fauziah, Perlis**

Dept. of Medicine (May 2010 – July 2010 )

**Klinik Kesihatan Kangar, Perlis (July 2010 Till October 2011)**

Outpatient Department / Chronic Clinic

Internal Medicine Department,

**Medical officer** - Hospital Sultanah Bahiyah (Oct 2011 - Oct 2014)

**POST MRCP:**

**MRCP( UK): DATE 21st October 2014 In good standing with the Royal College fo Edinburgh.**

**Clinical Specialist** - Hospital Sultanah Bahiyah (Oct 2014 - Oct 2015)

**Gazetment Date** - 27 October 2015

**Fellow in Pulmonology** since 1st February 2018 – 31st Jan 2021

Member of Royal College Physician - Edinburgh

**Coordinator – Internal Medicine Department, Hospital Sultanah Bahiyah (2015-2017)**

- Houseman Coordinator
- District Hospital Visit and Combine Clinic
- Post Graduate Teaching / MRCP Teaching / Master training
- Attachment for elective Students / AIMST University / Insaniyah Medical College

**Exam Coordinator and Examiner:** AIMST Final Year MBBS Students (2015)

**Overall Exam Coordinator/ Examiner** AIMST Final Year MBBS Students 2016 /2017

**Member** of Privileging /Credentialing committee for Hospital Sik (2015/16)

**Head of Department** - Respiratory Department, Hospital Sultanah Bahiyah – from 21.2.2021

**State Consultant for Respiratory Services (Kedah)** – from 1.1.2021

**INVITED EXAMINER;**

**Examiner** - MMed Part 1 – Nov 2017 – National Conjoint Board for Master of Medicine

**External Examiner** for MBBS Professional Exam IV – 20th July 2018 – AIMST University

**Examiner** for MBBS Final Year Batch 19 –AIMST University– 7-8 September 2018

**LECTURER:**

AIMST Part time Lecturer since 2015 – Internal medicine

**INVITED SPEAKER / PANELIST**

- ABC of Housemanship – 2017 / 2018 (National Level) o Working environment in Internal Medicine Dept –Speaker

o ABG – Back to basics – Speaker

- Multiple dialogue session with House officers, Medical Officers and Specialists

- Speaker in Phonenix 2.0 in UKM

- MMA Pahang Medical Update

- Northern Medical Education Series – Pneumothorax

- Facon Education Fair – KL convention Centre – Speaker “A Doctor’s Life : Dedicating Your Life to The Care of Others”

- Majlis Dialog Bersama MMC, in Hospital Umum Sarawak, Kuching

- Speaker – Webinar COVID-19 Pandemic (Global Experience) – Perspective of COVID 19 Management and Malaysian Experience – Organized by Department of Pulmonary Medicine, Sri Manakula Vinayagar Medical College and Hospital, Puducherry – 13/4/2020

#### **Publications/Research:**

##### **A) Articles**

- 1) Stress Management Workshop (Berita MMA – Oct 2013)
- 2) RIGHTS AND RESPONSIBILITIES OF GOVERNMENT DOCTORS - Berita MMA –May 2014)
- 3) The Plight of Junior Doctors – Berita MMA October 2016
- 4) Editor - SCHOMOS Guidebook 2016
- 5) SCHOMOS Updates – Multiple articles - Berita MMA - 2017/ 2018 / 2019
- 6) Dissent with Shift System – Berita MMA, July 2020

##### **B) ACADEMIC RESEARCH**

- 1) **Treatment Of Chicken Pox in Perlis Health Clinic** – *Author*, Presented in Perlis Scientific 2011 ( POSTER PRESENTATION )
- 2) **Treatment Of Chicken Pox in Perlis Health Clinic** – *Author*, Presented in 8th Biennial scientific Congress in Hospital Sultanah Bahiyah, Kedah – (POSTER -2012)
- 3) **Disseminated Tuberculosis – A Great Masquerader** – *Author*, presented in APSR in Bangkok - November 2016
- 4) **Leptospirosis: Hospital Kuala Nerang Experience** – *Co-Author* , Presented in 2nd Kedah Research Summit
- 5) **HBA1c Monitoring Among Diabetes Patients in Jitra Hospital Diabetes Clinic** – *Co –Author*, To be presented in 2nd Kedah Research Summit, 18th September 2017
- 6) **A Retrospective Review of Diabetic Care in District Hospital Diabetic Clinic** – *Co –Author* – To be presented in National Clinical Conference Research (NCCR) -27-29/917
- 7) **Disseminated tuberculosis – diagnostic challenges of atrial tuberculoma masquerading as atrial myxoma** – published in Journal of Royal College of Edinburgh, 2017
- 8) **An Intriguing Case of Bone Marrow Tuberculosis** – Presented in APSR 2017 in Sydney- **Travel Grant** by MTS
- 9) **Multidrug resistant Tuberculosis In The Northern States of Malaysia** – A Retrospective case Series from 2011-2017 - Presented in APSR 2017 in Sydney - **Travel Grant** by MTS
- 10) **An Intriguing Case of Acute Urinary Retention in Non Pregnant Woman** –Poster Presentation In PGMES Biennial Conference

- 11) **MDR TB Treatment of An Expectant Mother – A Testimonial Of Alor Setar** - Poster Presentation In MTS 2018 in Kuantan, Received Travel Grant From Malaysia Lung Foundation (13-15 July 2018)
- 12) **Pulmonary Cryptococcosis in Immunocompetent Patient** – A Case Report – Co Author – Published in Journal of Lung Health And Diseases in June 2018
13. **Diagnostic Yield of Pleuroscopy in exudative pleural effusion –A Single Center Experience** – Co Author MABIP 2018 – Oral Presentation
14. **Long Term Outcome of Bronchial Thermoplasty in Allergic Asthma – A Case Series** – Poster Presentation -**1st Prize Winner for MABIP 2018**
15. **Omalizumab in Severe Asthma Patients – Alor Setar Hospital Experience** – Poster Presentation MABIP 2018, Co Author
16. **Unplugging Dilemmas In Difficult to Treat Tuberculosis Case** – Poster Presentation MABIP 2018, Co Author
17. **Therapeutic Bronchoscopy for Malignant Post Obstructive Pneumonia** – Poster Presentatation MABIP 2018, Co Author
- 18) **‘TENNIS RACKET’ SIGN – AN OBLIVION PREDICTOR OF ACTIVE TUBERCULOSIS** –Poster - Presented in APSR 2018, Taiwan
- 19) **Northern Malaysia Pulmonology centre experience and analysis of progression free survival rate with tyrosine kinase inhibitors in managing advanced adenocarcionoma of lung** - Poster Presentation APSR 2018, Taiwan
- 20) **A Rare Cause of Spontaneous Bladder Perforation** - Poster Presentation, MTS 2019, Kuala Lumpur
- 21) **Post Intubation Stenosis and Interventional Pulmonology Management – A Case Series** – MABIP 2019 , Kuching - 2nd Prize Winner, Poster Presentation
- 22) **A case report: Series of bronchoscopic intervention in a patient with Pulmonary Epithelioid Hemangioedema (PEH)** – MABIP 2019 , Co- Author
- 23 ) **MDR TB Treatment In An expectant Mother – A case Report – Published in Journal of Lung health and Diseases Feb 2020**
- 24) **“A Rare Cause of Spontaneous Bladder Perforation Due to Extrapulmonary Tuberculosis”** - published online in EC Pulmonology and Respiratory Medicine – Nov 202025)
- 25) **“Low Dose Intrapleural Streptokinase in Managing Loculated Effusion and Empyema in Patients with High Risk of Bleeding”** – Co-author , MTS 2020 – 11-13 December 2020
- 26) **“Lung Mass in Patient With Congestive Heart failure Now you See, Now You Don’t !”** – Co-Author , MTS2020 – 11-13 Dec 2020

***C) Industrial Sponsor Reseasch - Research Title:***

- 1) **DISCOVER: DISCOVERing Treatment Reality of Type 2 Diabetes in Real World Settings** – *Sub - investigator*
- 2.) **Investigator Research Title: A Phase III, Randomized, Observer-Blind, Controlled, Multicenter Clinical Study to Evaluate the Efficacy, Safety and Immunogenicity of an MF59-Adjuvanted**

**Quadrivalent Influenza Vaccine Compared to Non-influenza Vaccine Comparator in Adults same as or more than 65 Years of Age. – Sub-investigator**

**D) Reviewer**

1. Annals of Clinical Gastroenterology and Hepatology has received a manuscript entitled: **“ACUTE PANCREATITIS WITH UNCOMMON PRESENTATION OF MYOCARDIAL INFARCTION”**
2. The Medical Journal of Malaysia - **“Angiosarcoma – a rare fatal cause of recurrent pericardial effusions”**
3. The Medical Journal of Malaysia – **‘Covid-19 mild symptoms, attempting to see the pattern in random happenings: early lessons in Malaysia’**
4. The Medical Journal of Malaysia - **‘The First COVID-19 mortality in Batu Pahat, Johor: A Case Report & Lessons Learnt’**
5. The Medical Journal of Malaysia - **Aggressive diuretic therapy for a large solitary lung lesion**
6. The Medical Journal Of Malaysia - **Influenza - A neglected condition in Sarawak: Its pattern over a 13-month period**
7. The Medical Journal Of Malaysia - **The Cobblestone Heart**

**Awards / Grants :**

- 1) **Gold Medalist (First Rank)** – Phase 1, Stage 1 – Melaka – Manipal Medical College (2003).
- 2) **Second Best Outgoing Student** – Phase II, Stage 1 – Melaka – Manipal Medical College (2004)
- 3) **Gold Medalist for Community Medicine** – Melaka – Manipal Medical College (2007)
- 4) **Anugerah Perkhidmatan Cemerlang**, Jabatan Kesihatan Negeri Perlis (2011)
- 5) **S.T Nathan Trophy** – Best State SCHOMOS Chairman 2013/20124
- 6) **Anugerah Perkhidmatan Cemerlang**, JKN Kedah 2014
- 7) **Zainal Abidin Trophy** SCHOMOS 2014/15
- 8) **Travel Grant** by MTS to present 2 Posters in APSR 2017 in Sydney – Nov 2017
- 9) **Received Scholarship from World Medical Association (WMA)** to attend **“Caring Physicians of the World (CPW) Medical Leadership, Communication and Advocacy Course – Under Mayo Clinic and WMA** –from 3rd – 8th Dec 2017 in Florida, USA
- 10) **Long Branch Service Award (Kedah MMA)** – 30th June 2018 - By National MMA
- 11) **Travel Grant** by Lung Foundation Malaysia – For Abstarct Presentation in MTS 2018  
- MDR TB Treatment Of An Expectant Mother – A Testimonial of Alor Setar
- 11) **MABIP 2018** – 1st Prize Poster Presentation  
**(Long Term Outcome of Bronchial Thermoplasty in Allergic Asthma – A Case Series)**

12) **MABIP 2019** - 2nd Prize Poster Presentation – (Post Intubation Stenosis and Interventional Pulmonology Management – A Case Series)

13) **Receive travel grant from European Respiratory Society (ERS) Course** on Pulmonary Hypertension and Pulmonary Vascular Disease – Lausanne , Switzerland – 27-29/2/2020

14) **Harasawa Fellowship from Japanese Respiratory Society** – 2020 – First Malaysian to receive it

15) **APSR Short Training Scholarship** – 2020 – First Adult Respiratory Trainee from Malaysia to receive it

#### **Membership In Associations /Miscellaneous**

1) Life Member - Arulmigu Arumugaswamy Dhevasthanam, Kangar, Perlis. (since 2011)

2) Committee Member - Arulmigu Arumugaswamy Dhevasthanam, Kangar, Perlis. (2012/13)

3) Life Member - Malaysian Medical Association (since 2009)

4) Committee Member - MMA Perlis Branch (2009/10)

5) Treasurer - Malaysian Medical Association, Perlis Branch (2011/12 )

6) Treasurer – Malaysian Medical Association, Kedah Branch (2012/13)

7) SCHOMOS Chairman, Malaysian Medical Association, Kedah Branch (2013/14)

8) SCHOMOS Chairman, Malaysian Medical Association, Kedah Branch (2014/15)

9) Hon Secretary National SCHOMOS, Malaysian Medical Association (2014/15)

10) Vice - Chairman, Malaysian Medical Association, Kedah Branch (2015/16)

11) Vice-Chairman, National SCHOMOS (2015/16) , (2016/17)

12) Member in 'Majlis Bersama Kerajaan' – (2015/16)

13) Vice Chairman in 'Majlis Bersama Kerajaan' (2016-2018)

14) Chairman, National SCHOMOS 2017/18

15) CME Coordinator, MMA Kedah 2017/18

16) Organizing Chairman and Advisor for Various activities of , Malaysian Medical Association State and National Level (2013 -20178)

- Stress Management Workshop (2013,2014,2015)

- National Paintball Tournament (2013/14)

- Rights & Responsibilities Of Government Doctors (2014)

- Medical Camps

- MMA Trievent Series – ABC's for Housemanship in Malaysia (2016)

- MMA Kedah Futsal Tournament (2015)

- ABC of Housemanship 2017 -24-25/3/17 in IKN

- MMA Kedah Bowling Tournament – 22/3/17
- 1st National SCHOMOS Charity Health Run – 13/1/18
- 17) Examiner For MRCP MOCK examination Hospital Sultanah Bahiyah – 17/3/17
- 18) Examiner For MRCP MOCK exam Hospital Sultanah Bahiyah – 10/8/18
- 19 ) Member of CHEST, ERS, APSR, MTS, MABIP
- 20) Deputy Chairman of 'Majlis Bersama Kebangsaan' – 2018-2020
- 21) Examiner for PACES Preparatory Course 19/1/2019
- 22) Elected as Deputy Secretary of MMA -2019/2020
- 23) Examiner Mock Exam PACES – Hospital Sultanah Bahiyah – 24th August 2019
- 24) Organising Committee member for APCB 2021 (Asia Pacific Conference on Bronchoscopy)
- 25) Member of HOUSEMANSHIP EDUCATION COMMITTEE, MEDICAL EDUCATION COMMITTEE (MMC)
- 26) Deputy Secretary of MMA 2020/21